Determination of presence of *Tritrichomonas foetus* in uterine lavages from cows with reproductive problems

Determination da presença de *Tritrichomonas foetus* em lavados uterinos de vacas com problemas reprodutivos

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Abstract

The aim of this study was to determine the presence of *Tritrichomonas foetus* in two dairy herds on the Altiplano Cundiboyacense. Twenty-one low-volume uterine lavages from cows with a history of reproductive problems in two dairy herds located in the municipality of Sibaté (Cundinamarca) and Ventaquemada (Boyacá) were evaluated. In the first herd, 10 cows were sampled and in the second, 11 cows, based on three inclusion criteria. The uterine lavages were obtained through infusion of physiological saline solution into the uterine body. The samples were centrifuged and seeded in *Tritrichomonas* basal medium for 10-15 days at 37 °C. The protozoa were evaluated on the day of sampling and 10 and 15 days after incubation by means of direct viewing under a dark-field microscope. Positive samples were stained with Wright and Lugol to identify the morphological characteristics. This study showed that *T. foetus* was present in 61.8% of the animals sampled. The determination that *T. foetus* was present in 61.8% of the samples analyzed is a significant finding given that in the herds evaluated, this agent had not previously been diagnosed.

Keywords: Dairy cattle, *Tritrichomonas foetus*, culture, dark field microscopy.

Resumo

O objetivo do presente estudo, foi determinar a presença de *Tritrichomonas foetus* em dois rebanhos leiteiros no Altiplano Cundiboyacense. Dez-um volume uterino de lavagens de vacas com uma história de problemas reprodutivos em dois rebanhos leiteiros localizados nos municípios de Sibaté (Cundinamarca) e Ventaquemada (Boyacá) foram avaliados. No primeiro rebanho, 10 vacas foram amostradas e no segundo, 11 vacas, baseado em três critérios de inclusão. Os lavados uterinos foram obtidos mediante infusão de solução salina fisiológica no corpo do útero. As amostras foram centrífugadas e semeadas em meio básico para *Tritrichomonas* por 10-15 dias a 37 °C. Os protozoários foram avaliados no dia da colheita de amostras e 10 e 15 dias após incubação por meio de visualização direta sob um microscópio de campo escuro. As amostras positivas foram coradas com Wright e Lugol para identificar as características morfológicas. Este estudo mostrou que *T. foetus* estava presente em 61,8% dos animais amostrados. A determinação de que *T. foetus* estava presente em 61,8% das amostras analisadas é um achado significativo, dado que nos rebanhos avaliados, esse agente não tinha sido previamente diagnosticado.

Introduction

*Trichomonas foetus* or *Tririchomonas foetus* is the causal agent of bovine trichomoniasis or *Tririchomonas* bovine abortion (QUIROZ, 1994). It is a flagellate protozoon with a piriform shape measuring 8-18 x 4-9 µm; it has four flagella (FELLEISEN, 1999) and, under normal conditions at 37 °C, it is very motile (QUIROZ, 1994); its reproduction occurs by means of longitudinal binary fission (RIBEIRO et al., 2002).

*T. foetus* is sexually transmitted to a susceptible heifer or cow by an infected bull during mating. The bulls are the main reservoir for *T. foetus*, since they are long-standing shedders and play a major role in its dissemination (YULE et al., 1989; FELLEISEN, 1999; CAMPERO et al., 2003). However, *T. foetus* can also be transmitted through artificial insemination, given the capacity of the protozoon to remain viable in frozen semen that has been contaminated with preputial fluid during collection (CAMPERO; COBO, 2006; STOLTENOW; DYER, 2007; RAE; CREWS, 2006).

The life cycle of *Tririchomonas* spp is direct and there is no intermediary host (OTTE et al., 2005; CAMPERO et al., 2003). Its definitive host is cattle (*Bos taurus* and *Bos indicus*), and it colonizes their genital tract in an ascending manner without causing invasion. It becomes established on mucosal surfaces, in secretions and in the glandular lumen of the sexual organs of both bulls and cows (SINGH et al., 2004; BENCHIMOL et al., 2006).

Bovine trichomoniasis is characterized by transitory female infertility. All sexually mature females are susceptible. The main clinical manifestations are abortion, heat repetition, decreased pregnancy ratio, endometritis, metritis, pyometra and, in some cases, fetal maceration (ROSSANIGO, 1998; FELLEISEN, 1999; JEMILOHUN et al., 2005).

*T. foetus* in females is diagnosed through detecting the protozoon in uterine lavage samples or vaginal swabs, using dark-field microscopy (KASIMANICKAM et al., 2005; McMILLEN; LEW, 2006) and/or post-centrifugation sediment staining with the Wright stain. Along with detection, it is possible to evaluate the inflammatory response and the presence of uterine desquamated epithelial cells (UDECs) (SALCEDO, 2004).

Bovine trichomoniasis is a disease with worldwide distribution that is of great importance in countries that have high cattle production. Its importance is based on the major economic losses due to reproductive problems and the difficulties involved in eradicating it from herds. Given that this disease is on the list of diseases reported by the OIE (World Organization for Animal Health) as an epidemiologically important disease that has enzootic characteristics, it is very important to have epidemiological knowledge of its presence in cattle-producing areas, in order to evaluate herd health status and participate in preventive programs, since there is no effective curative treatment that eliminates this parasite (OIE, 2004).

The current situation concerning bovine trichomoniasis in Colombia is uncertain, given that the last reports, which were made by the Colombian Corporation for Agricultural Research (CORPICA), date from 1999. However, its presence is not unknown especially in very important cattle producing areas. Based on the above, this study had the aim of preliminarily evaluating two herds on the Altiplano Cundiboyacense to determine the health status concerning this pathogenic agent.

Materials and Methods

Study population and sampling: this study was conducted in two herds on the Altiplano Cundiboyacense. The first herd was located in the municipality of Sibaté, Cundinamarca (herd 1), with a herd population of 322 cows; and the second was located in Ventaquemada, Boyacá (herd 2) with 71 cows. It was known that the two dairy herds had similar reproductive, health and feeding management practices, which included artificial insemination programs and the use of a bull for repeated cow servicing along with the possibility of undesired mating due to pasture sharing, as seen in herd 2. The inclusion criteria were: 1. nonpregnant cows; 2. no antimicrobial treatment for 15 days before sampling; 3. cows with a history of reproductive problems such as metritis, low fertility, heat repetitions or abortions. These inclusion criteria made it possible to obtain a sample of 3% (n = 10) of the animals in herd 1 and 15.4% (n = 11) in the second herd.

Sampling and sample transportation: The uterine lavage samples were obtained by infusing 40 to 50 mL of sterile saline solution into the uterine horn using a syringe connected to a uterine tube or to a 18Fr Foley catheter. The uterine horn was massaged and retracted to collect the fluid by means of aspiration (ROSSANIGO, 1998); the sample was transferred to a 50 mL conical tube and it was labeled with the animal’s identification number and the name of the herd. All the samples were transported to the laboratory for evaluation within six hours at room temperature, to ensure the viability of *T. foetus*.

Macroscopic sample evaluation: The samples were macroscopically evaluated for appearance, color and presence of sediment.

Cytological evaluation: All the uterine lavage samples were centrifuged at 500-100 rpm for five minutes to avoid cell lysis. An aliquot of 100 µL of sediment was taken for direct determination of the presence *T. foetus* using dark-field microscopy. A further 100 µL was used to make smears that were stained using Wright staining, to observe the morphological features of the protozoon, especially the wavy membrane and flagella. The presence of any inflammatory response mediated by polymorphonuclear leukocytes (PMNLs), mononuclear cells and UDECs was also evaluated. UDECs were assessed using the nucleus-cytoplasm ratio, nucleus position and characteristics, cytoplasm appearance and cell shape.

*T. foetus* cultures: 2 mL from the previously obtained sediment were transferred to conical tubes containing 10 mL of *Tririchomonas* broth (25 g/L of hydrolyzed liver, 5 g/L of D(+)-glucose, 6.5 g/L of NaCl, 0.8 g/L of agar, 80 mL/L of equine serum and 375 mg/L of chloramphenicol). These were incubated for 8 and 15 days at 37 °C and, after that, the cultures were evaluated using dark-field microscopy and Lugol and Wright staining (ROSSANIGO, 1998; LEVI et al., 1997; LUN; GAJADHAR; 1999).

Statistical analysis: Statistical association analysis was performed using the chi-square ($\chi^2$) test with a p value <0.05 to determine the probable associations between the morphological characteristics...
of the sediment and the presence of *T. foetus* and between the cytological findings and *T. foetus*. These analyses were done using the R statistical software under a freeware license.

**Results**

All the 21 uterine lavages showed different gross appearances. Five samples (23.81%) had a normal translucent appearance without sediment; eight samples were turbid (38.1%); two samples (9.52%) were bloody; another two were mucupurulent (9.52%); and four samples were bloody and mucupurulent (19.04%). The statistical analysis did not show any association between sample appearance and the presence of *T. foetus* (p = 0.360). In the five translucent samples without sediment, there was no evidence of UDECs or inflammatory response mediated by PMNLs or mononuclear cells, except in one sample, which showed occasional UDECs. Among the remainder of the samples (16) with abnormal appearance, four (25%) contained UDECs, three (18.75%) had PMNLs and four (25%) had a combination of UDECs and PMNLs. The last five samples did not show any evidence of UDECs or PMNLs. There was no evidence of mononuclear cells in any of the samples. The χ² test indicated that there was no association between the cytological response and the presence of *T. foetus* in the samples (p = 0.171).

The presence of *T. foetus* was determined using cultures and dark-field microscopy. This was done based on determination of the morphological characteristics of the protozoon, such as the anterior flagella, posterior flagellum and undulating membrane (Figure 1). It was found that 60% (6) of the uterine samples from the anterior flagella, posterior flagellum and undulating membrane were also positive, as seen in Figure 2. The average proportion of positive animals was 61.8%.

The presence of *T. foetus* was determined using dark-field microscopy on the sampling day and on the 8<sup>th</sup> and 15<sup>th</sup> days after culturing. In herd 1, all the samples were negative when examined on the sampling day, but there were four positive samples on the 8<sup>th</sup> day and two on the 15<sup>th</sup> day after culturing. In the case of herd 2, three samples were found to be positive on the sampling day and four after culturing.

**Discussion**

Although the average proportion of positive cases of *T. foetus* (61.8%) found in our study is higher than what has been reported previously, it is in partial agreement with the report made by CORPICA from a study on vaginal and uterine secretions in 1999, which was the last report published in Colombia before the present study. The CORPICA study determined the etiological agents of abortion and infertility among cattle in the department of Nariño and the upper Putumayo region and reported prevalences of 16.7% in 115 herds in Nariño and 48.3% in the upper Putumayo. In that study, *T. foetus* was considered to be the second most important etiological agent of reproductive problems in cattle (GONZÁLEZ; PATIÑO, 1999).

Given that most of the prevalence reports on *T. foetus* are based mainly on evaluation of preputial scrapings and lavages and not on uterine lavage, this means that the reported data both in Colombia and in any other cattle-raising country are mostly based on studies on the male population. Griffiths et al. (1982) evaluated eight dairy-producing areas of Colombia within the Andean, Caribbean and Orinoco regions and showed that 18.4% of the bulls in those regions were positive for *T. foetus* (GRIFFITHS et al., 1982). This number seemed to have decreased two year later when an evaluation of bulls in 103 farms in eight dairy regions of Colombia was again performed, and the prevalence was then determined to be 13.7% (GRIFFITHS et al., 1984). After these studies, one pilot study done on some herds in the department of Meta, Colombia, in 1992, demonstrated that the main causal agents of abortion in cattle were *Brucella abortus*, *Chlamydia psittaci*, five serovars of *Leptospira interrogans* and infectious rhinotracheitis virus (IBRV), which have been the main pathogens investigated in females. Evaluations on *T. foetus*, *Campylobacter foetus* and *Haemophilus somnus* were left to be done in males (PARKER et al., 1999). Other than these studies dating from ten years ago, no new study or evidence has been reported by the Colombian Institute for Agriculture (ICA) over recent years regarding the current situation of bovine trichomoniasis (ICA, 2008).

The prevalence of *T. foetus* among males has been determined in different countries such as Australia, with a prevalence of 65.6%, Spain 37%, USA 30.4% and Argentina 28% (MENDOZA-IBARRA et al., 2012). Another study conducted in Spain showed a prevalence of 3.6% in males, and these bulls accounted for 68.6% of the total population of bulls in 350 herds in which both direct mating and artificial insemination were used. These data made it possible to calculate that 42.5% of the cows in these herds could be exposed to an infected bull (MARTÍN-GÓMEZ et al., 1998). The prevalence of *T. foetus* reported in the eastern states of the USA was between 4 and 7%; however, in studies carried out

![Figure 1. *Tritrichomonas foetus* morphology observed in the positive samples in the study. a: Fresh Lugol staining and dark-field microscopy 40×; b-c: Wright staining 100×.](image)

![Figure 2. Presence of *Tritrichomonas foetus* in two herds located in the municipality of Sibaté and Ventaquemada, Colombia.](image)
in Alabama, where 374 bulls were tested, only one animal was positive, thus resulting in 0.27% prevalence. This was confirmed by using molecular tests such as PCR (RODNING et al., 2007). In Florida, the reported prevalence of the protozoon was 6% in individual bulls and 30.4% in the herd, as a result of the direct mating with bulls that was used on these farms (RAE et al., 2004). Studies conducted in Argentina indicated that the prevalence of *T. foetus* was 2.7% among 542 sampled bulls belonging to 44 herds (ROSSANIGO, 1998). On the other hand, in a study designed to examine the self-limiting nature of the disease, using uterine lavage sampling, prevalences of 3.9% and 3.1% were determined among nonpregnant and pregnant cows respectively, thus showing a low prevalence after 90 days of sexual rest (MANCEBO et al., 1995). The herd diagnosis is usually made by evaluating the bulls and the definitive diagnosis is made by observing *T. foetus* in the samples collected through either preputial scraping or lavage (STOLTENOW; DYER, 2007). Therefore, the data on asymptomatic carriers, persistence of infection in the herds and the possibility of spontaneous sexual contact have mainly come from bulls, given that the recommended samples for diagnosis are preputial lavages (OIE, 2004). It has been reported that the gold standard for diagnosing *T. foetus* consists of cultivating the live microorganism from smegma or cervicouterine mucus. However, in studies in which samples from the vaginal mucosa or from uterine lavage were used, these were not used to make a diagnosis but to evaluate adhesion to the vaginal mucosa or determine the colonization of parts of the reproductive tract such as the oviduct (CORBEIL et al., 1989; GRAHN et al., 2005; BENCHIMOL et al., 2006). Nonetheless, the results from our study and from studies conducted in Argentina suggest that uterine lavage is an excellent diagnostic technique for determining the presence of *T. foetus* in herds in which artificial insemination is used, such as herd 1, or in which there is shared pastureage, with possible direct mating, as in herd 2.

These data on asymptomatic carriers, along with the persistence of infection in the herds, suggest that cows’ exposure to this agent is greater, given that the presence of at least one bull infected with *T. foetus* leads to a fourfold increase in the chances of having trichomoniasis in the herd (MARDONES et al., 2008).

Statistical testing for associations between the cytological characteristics of the samples and the presence of *T. foetus* did not show any association. This was probably because there was no inflammatory response in the samples that were positive for the protozoon. The lack of inflammatory response results from the parasite’s lack of invasiveness and the fact that it becomes attached to the mucosa of the reproductive tract without triggering any inflammatory response, thereby maintaining the structural integrity of the vaginal mucosal membrane in nonpregnant cows (DA ROCHA-AZEVEDO et al., 2005; SINGH et al., 2004). The presence of UDECs in five of the thirteen samples can be considered to be due to the timing of the estrous cycle and this was unrelated to the presence of *T. foetus*.

Since in both herds the cows are served mainly using artificial insemination, it is important that the semen used should be tested for the presence of *T. foetus*. This is because, as mentioned previously, the parasite can survive in frozen semen if this is contaminated with preputial fluid during semen collection. Moreover, the practice of alternating direct mating in herd 2 implies higher risk relating to the bulls because of the presence of asymptomatic carriers. This makes it essential to also test the bulls.

The high prevalence of *T. foetus* found in the samples suggests that sanitary management is an issue to be addressed in relation to these herds, with the aim of decreasing or eliminating the spread of the infection among the bulls and cows in the herds.

**Conclusions**

Determination of *T. foetus* in 21 (61.8%) of the uterine lavage samples, using dark-field microscopy and culturing, is an important finding for these two herds and also shows that the cows are an important source of infection in herds.

Direct evaluation of fresh samples using dark-field microscopy does not have the sensitivity that can be obtained from culturing. This is probably due to the low parasite concentration in these low-volume uterine samples. Therefore, the combination of uterine lavage sampling and culturing improves the sensitivity of the diagnostic technique.

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